

POSITION TITLE: Behavioral Health Provider  
REPORTS TO: Behavioral Health Program Administrator  
SUPERVISES: N/A

### POSITION OVERVIEW

The Behavioral Health Consultant, as part of the primary care team, identifies, triages and manages patients with medical and behavioral health problems within the primary care setting. In addition, the Behavioral Health Consultant will provide skill training through psycho-education and patient education strategies and will consult with primary care providers to develop specific behavioral change plans for patients and behavioral health protocols for target populations.

### DETAILED RESPONSIBILITIES

1. Work with primary care providers, in a consultative manner, to recognize, treat and manage mental disorders, psychosocial problems, and chronic emotional and/or health problems efficiently and effectively or to refer cases to mental health specialist as appropriate.
2. Provide quick and accurate clinical assessments of mental and behavioral conditions, through brief patient contacts, including via telephone and teleconferencing.
3. Assist in the detection of “at risk” patients and development of plans to prevent further psychological or physical deterioration.
4. Assist in preventing relapse or morbidity in conditions that tend to recur over time;
5. Maintain timely, accurate and appropriate records.
6. Teach effective behavioral health interventions and the primary behavioral health model to medical practitioners.
7. Teach care, prevention, and treatment enhancement technique to patients, families, and staff.
8. Design and implement clinical pathways through developing procedures and protocols for treatment of selected mental and behavioral conditions.
9. Remain current with standards of mental and behavioral health care practice.
10. Attend and participate in meetings and Quality Improvement activities as required.
11. Represent Health West, Inc. in the community and maintain effective working relationships among co-workers, public, private, and professional groups.
12. Serve as a member of site committees as requested.
13. Participate in evaluation of peers and support staff.
14. Some travel may be required.

### MINIMUM QUALIFICATIONS

- Masters in Counseling, Social Work or related field;
- Licensed in the State of Idaho as a Counselor, Social Worker, Marriage and Family Therapist, or Psychologist
- Ability to make quick and accurate clinical assessments of mental and behavioral conditions;
- Ability to work effectively as a team, interfacing with patients, primary care providers, consulting psychiatrist and mental health specialists, as well as with administrative and support staff;

### PREFERRED QUALIFICATIONS

- Experience in delivering services to medically underserved populations and cultural competency; and
- Spanish bi-lingual.